

## 2024 Dickson Awardee: Sonia Ancoli Israel

Sonia Ancoli Israel, PhD, retired in July 2012 as Professor of Psychiatry after a stellar career at UCSD, since 1979. She is a world-renowned sleep researcher who has been enormously productive in research, teaching/mentoring, and service since her retirement. In retirement, she currently works on several federal grants. She is a co-investigator (7%) on an NIA grant with Dr. Atul Malhotra on



the effect of obstructive sleep apnea (OSA) on the Development of Alzheimer's Disease. The major goal is to assess the impact of oxygen therapy in OSA patients who are at risk of developing Alzheimer's disease. She is also a co-investigator (16.5% on an IPA from the VA) on Dr. Peter Colvonen's VA grant that examines Early Intervention on OSA Treatment on Long-Term Outcomes in Veterans with substance use disorder and PTSD. Of her 546 publications, about 176 have appeared since her retirement in July 2012. In 2022, she was named by Research.com in their ranking of best 1000 Female Scientists in the World, ranked #1 at UCSD, 107 in the US, and 161 in the world. In 2023, she was named again and ranked #1 again at UCSD, 11 in the US and 180 in the world. As Emerita Professor of the Department of Medicine at UC San Diego, Barbara Parker writes, "Sonia embodies the qualities of continued outstanding accomplishments in research, teaching, and service during her retirement years and her stellar post-retirement record is deserving of the Dickson Award."