During my summer of 2019, I was fortunate enough to study abroad in Italy through the Revelle in Rome program. Because the program provided courses on humanities and visual arts, I saw this as an opportunity to gain an interdisciplinary learning experience. I wanted to understand the core principles that gave meaning to human interaction and relationships in another culture, observe what holds communities together, and overall obtain a more open-minded mode of thinking. However, since I did not really know what my experience living in a foreign country would entail, I thought much of my learning goals would be fulfilled through those academic courses.

No doubt, I learned a lot about the structure and values of Roman society as well as the different eras of thought and expression that swept through Western civilization over the course of history. I discovered a newfound appreciation for sculptures, such as The Boxer and Michelangelo’s Prisoners that line the hall leading to the David in Galleria dell’Accademia. Their conveyance of human emotions and struggles revealed the universality of the human experience that even a college student from San Diego could somewhat understand. However, although I learned much in the classroom and the tours supplementary to my courses, studying abroad had taught me a lot about myself. Gaining a new sense of independence came new responsibilities, and I had to find ways to be patient and helpful to others when we were all struggling to cope in a foreign environment. Overall, this was an invaluable experience for me, one that I will always look back on with a longing smile.