

Chancellor's Scholars Journal

Chancellor's Scholars 2019 Cohort

Who are Chancellor's Scholars?

These scholars are some of the best and the brightest students who receive admittance to UC San Diego, and they are coming in with top GPA's and test scores.

They all have in common:

- ♦ Demonstrated academic excellence
- ♦ Leadership potential

However, these top students have had to work hard to achieve their place here, faced with difficult life challenges. Chancellor's Scholars have one or more of the following attributes:

- ♦ First generation college attendee
- ♦ Hail from a 4th or 5th Quintile school
- ♦ Financial need



In alphabetical order by last name: Sergio Avina, Alexander Berryhill-Willia, Rhianen Callahan, Brandon Chaing, Angela Chapman, Zhen Chen, Wei Ji Chen, Chi Chow, Juan Cortes, Michael Donaldson, Kyoko Downey, Dephny Duan, Raul Enciso Jr., Melissa Espinoza Aguilar, Jorge Estrada-Tello, Jessica Guzman, Kelley Ha, Amiel Haddad, Ivan Hernandez, Andrew Hu, Brian Lam, Kevin Lam, Amy Le, Pauline Le, Sally Lei, Eric Leon, Carmen Li, Zhi Jian Liang, Wilson Low, Anthony Luu, David Ma, Carolina Marin, Citlalli Martinez Cano, Ngan Nguyen, Michael Padilla, Rohan Puthukudy, Akar Singh, Megan Tran, Jason Win, John Yan

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Every year we welcome a new bright and motivated incoming class of Chancellor's Scholars. This year's first year cohort is composed of 40 eager scholars. These students, along with many of our Emeriti Mentors, joined us for our Annual Chancellor's Scholars Opening Reception at the Ida & Cecil Green Faculty Club on Thursday, October 3, 2019. Director of the UCSD Retirement Resource Center, Suzan Cioffi, and Emeriti Association President, Dr. Robert Knox, welcomed attendants with opening remarks. Chair of the Emeriti Mentor Program, Professor Mark Appelbaum, and CSP/EMP Coordinator Vania Bailon presented the 2019 Cohort. UCSD Alumnus and 2013 Chancellor's Scholars Cohort member Trevor Irwin and Chancellor's Scholars Alliance President Jenny Sayaseng gave inspiring speeches, which undoubtedly made an impact on the new scholars. UCSD Emeriti Association Vice President Dr. Jake Jacoby gave the closing remarks, ending the memorable evening.

Welcome BBQ

In order to properly welcome the incoming freshman cohort to UC San Diego, the Chancellor's Scholars Program and Emeriti Mentor Program host an annual barbeque. This barbeque is a chance for incoming scholars to meet fellow cohort members as well as students from different cohort years. This event is a fun and relaxed way for incoming scholars to network with upperclassmen, alumni, and Emeriti Mentors through great conversation as well as fun, summer games such as hula hoop contests, egg tosses, tug of war, and musical chairs. This event was catered by Abbey's Real Texas BBQ and entertainment was provided by "The Sophisticats," a 50's Rock & Roll group, allowing scholars to have one last sweet taste of summer before plunging into their rigorous academics and extracurricular activities.











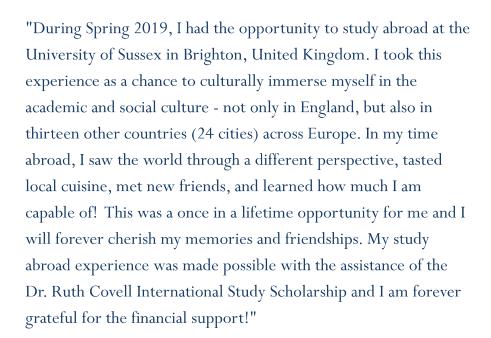
Fiesta Island Beach Cleanup



On Saturday, October 12, UCSD Chancellor's Scholars and UCSD Retirement Association volunteers gathered to clean up the shores of Fiesta Island. As scholarship recipients, Chancellor's Scholars understand the importance of giving back to the community. The Chancellor's Scholars Program and studentrun Chancellor's Scholars Alliance offers its scholars at least two volunteer opportunities per quarter.

Study Abroad

In Spring 2018, Emerita Mentor Ruth Covell, M.D awarded one meritorious Chancellor's Scholar a \$1,000 scholarship to help support their dream of studying abroad. Dr. Covell is a huge advocate for students wanting to expand their horizons. She believes that study abroad and foreign immersion makes for a more well-rounded student. Recipient of the 2018 International Study Award, Jenny Sayaseng, recently returned from her semester abroad, and shared the following about her extraordinary experience:









Jenny Sayaseng and Dr. Ruth Covell







Chancellor's Scholars Alumni Spotlight



Trevor Irwin
2013 Cohort
Revelle College
Aerospace Engineering

Currently: Aerospace Engineer at Flometrics

Address to the 2019 Chancellor's Scholars Cohort

I would like to center this discussion on something that most of you incoming scholars have probably yet to consider: "legacy."

I studied Aerospace Engineering at UCSD. There were a number of factors that led me to that decision, [one of the strongest reasons being] because in a strange juxtaposition of pessimism and optimism, I believed in a backup plan for humanity. Those of you who are familiar with the Christopher Nolan film "Interstellar" know what I mean. I believed in the dream of becoming a multi-planetary species not for the noble causes of exploration or prosperity, but for necessity. When we inevitably outgrow our world...we're going to need another one.

Since [starting at] UCSD, I've had many adventures. I studied abroad in the old cities and rugged highlands of Scotland, launched and occasionally detonated countless rockets in the Mojave Desert, and spent two weeks with international students on a crash course road trip across the United States. Business has taken me from the dry sands of Albuquerque to the volcanic coasts of Sicily. What I've learned through all of this is that de-

spite my dreams of aiding humankind in our quest for another home, our world *cannot* be transplanted. The culture, the crafts, the chronicles -the *cuisine*! We could, potentially, bring pieces of it with us, yes. But this world, our world, and all of the peculiar beauty within it, is inexorably bound to the Earth on which it resides.

I was [recently] introduced to Charles C. Mann's formulation of the duality of the Wizard and the Prophet. In short, the wizard derives solutions from the power of his magics, or, technology. The prophet evokes change in the hearts of the population. But what does that have to do with you? The challenge and the choice that you, scholars, now face, is this: How will you choose to prepare yourselves to lead our generation through the crises of our time?

As Chancellor's Scholars, you are uniquely equipped with resources to prepare you not simply to follow the path of the Wizard or that of the Prophet, but to forge your own between them, or one might even say, above them. Your resources include: everything from professional development workshops, to seminars, to training in public speaking. You have access to Emeriti Mentors and Peer Mentors, both of whom can advise you in both technical and personal matters. And you will soon be introduced to the Chancellor's Scholars Alliance, an exclusive network of your peers that will continue to connect you with people doing great things long after you've been handed your diploma.

Fret not. You haven't *actually* been tasked with saving the world...yet. The greatest piece of advice I can give you, right now, is to take the next four years of freedom and irresponsibility and learn everything you can about our beautiful world. Study abroad. Join some clubs. Do research. Make friends, and make mistakes. And take advantage of the resources you've been given. As I said once before: you as Chancellor's Scholars will become ambassadors not for any of the individual programs at this university, but for the most fulfilling experience that UC San Diego has to offer. Not because your scholarship will give it to you, but because you will seek out that experience. Your legacy here, at UCSD, will become the foundation on which your future leadership will be built. And your leadership may very well be the legacy of our species.

Make the most of your time here, no matter how challenging it may be. Regardless of your unique position as Chancellor's Scholars, college is still hard! But You are sitting in these chairs today because somebody, somewhere on this campus, who knows just how hard college can be, believes in you. And all of us are counting on you.

Chancellor's Scholars Program



Katy Brecht
Program Coordinator
Communication & Leadership,
Center for Student Involvement

Katy Brecht is a member of the Center for Student Involvement (CSI) Communication and Leadership team! She brings a wealth of experience in event planning and leadership development from her previous roles on campus. Prior to working at CSI Katy served as Coordinator of Student Activities at Muir College, where she advised 13 Muir College student organizations and coordinated leadership conferences as well as cultural, social and educational programs. Previously, Katy served as College Outreach Coordinator for Non-Resident Students, where she planned initiatives for international and out-of state students, developed assessment plans and assisted with student leadership trainings. Katy is an alumnae of UC San Diego with a degree in Cognitive Science and after graduating from UCSD she earned a master's degree in Post-secondary Administration and Student Affairs from the University of Southern California.

Weekly Session Goals

The communication skills taught in CSP derive from a quarter long public speaking seminar. The objective of this course is to teach students the National Communication Association's eight basic speaking competencies, which are summarized in the work by Dunbar, Brooks & Kubicka-Miller (2006) as:

- Being able to choose an appropriate topic and restrict it according to the purpose and the audience
- Communicating the purpose of the speech in a manner appropriate for the audience and the occasion
- Using appropriate supporting material to fulfill the purpose of the oral discourse
- Using an organization pattern appropriate to the topic, audience, and occasion
- Employing language appropriate to the designated audience
- Employing vocal variety in rate, pitch, and intensity
- Articulating clearly and using correct grammar and punctuation
- Demonstrating nonverbal behavior that supports the verbal message

To allow the scholars to work on achieving the basic speaking competencies, the curriculum and assignments selected for CSP are assembled with care. As students in CSP begin working on the oral and poster presentations, a portion of each class session is devoted to teaching effective communication techniques. The communication techniques are taught by a trained facilitator from UC San Diego's Communication and Leadership Area of the Center for Student Involvement (CSI) within Student Life, a division of Student Affairs.

Again, communication competency is the goal. While there are many paths to achieve this goal, the methodical and intentional approach used in the CSP and ACSP provides students adequate support and training to be skilled communicators. Ultimately proving that educators have done enough to solidify the skills needed to not only be successful communicators, but successful students, adults, and professionals.

Emeriti Mentor Program 2019-2020



Photo taken at the 2019 Chancellor's Scholars Opening Reception

From left to right: (Top row) Howard Kushner, Wayne Kennedy, Mark Appelbaum, Mel Green, Chris Mathews, John Wheeler, James Lin, Peter Chen, Fred Randel, Rick Ord, Ann Craig, Charles Tu, Sam Knight, Robert Knox, Immo Scheffler, Ron Campnell, Suresh Subramani, Donna Mulcahy, Henry Powell, John O'Neal, Russ Schnapp, Gail Lew (Bottom Row) Jake Jacoby, Marguerite Jackson, Ellie Werner, Gabriele Wienhausen, Gail Geddis, Phyllis Mirsky, Mae Brown, Ruth Covell

Active Emeriti Mentor Program Mentors not present in the photo above:

Feroza Ardeshir, Richard Attiyeh, David Bailey, Barbara Brody, Nick Busan, Pao Chau, Maarten Chrispeels, Jeanne Ferrante, Jack Fisher, Fran Gillin, Nancy Groves, Doug Magde, J. Allen McCutchan, David Miller, Michael Parrish, Morton Printz, Jerry Singer, Mona Sonnenshein, Roger Spragg, Carlos Waisman

The Emeriti Mentor Program is a partnership between Chancellor's Scholars and accomplished retired UCSD faculty and staff. This mentoring relationship provides the intellectual, social and cultural preparation necessary for a successful college experience. It provides practical insight, know-how and advice gleaned from real-world experience, and can serve as a bridge to future academic, personal and professional growth.

It provides UCSD Emeriti Association members with an opportunity to make a positive and personally meaningful contribution to the university by helping Chancellor's Scholars steer their educational careers to greater success.

A successful mentoring relationship is highly dependent upon mutual interests and compatible personalities. The Emeriti Mentor Committee makes the initial matches, based on the information provided by the mentee on their Mentoring Program Registration Form. Every effort is made to match students with a mentor who will be best suited to their academic interests.

Mentor Luncheons

Monthly Mentor Luncheons—Held every month, from October to May

The goal of the Emeriti Mentor Luncheons is to help mentors be better informed about key university resources, and how these resources can help mentors and program administrators better serve our scholars. The monthly meetings help provide an opportunity for mentors and those interested in becoming mentors to exchange ideas about mentoring; what works and what doesn't, challenges, and opportunities. There is a campus speaker at every other luncheon, giving an informal presentation about their specific campus resource.

Hosted Mentor Luncheons—Held biannually, in September and June

Mentors are invited to attend a Fall and Spring Hosted Mentor Luncheon, where they are given formal presentations from campus representatives.

The most recent Hosted Mentor Luncheon took place earlier this fall, on Monday, September 16, 2019, at the UCSD Faculty Club. 30 mentors attended this highly informative event. Kelly O'Sullivan Sommer, Director of UCSD Study Abroad, presented to the Emeriti Mentor Program on the Study Abroad Office, and how they can best guide their student to take advantage of the wonderful study abroad opportunities available to them while at UC San Diego.

The next Hosted Mentor Luncheon will be the Spring Hosted Mentor Luncheon, with a presentation by Dr. Kate Antonovics, who is the Interim Provost of UCSD's Seventh College. She will be sharing an overview of what we can expect from UCSD's newest college.

Past Hosted and Non-Hosted Mentor Luncheon speakers have included representatives from:

Academic Advising

Academic Enrichment Program

Admissions

Campus Recreation

Counseling & Psychological Services

Data Science

Extension

Financial Aid

IDEA Center

Mathematics Department

Mechanical & Aerospace Engineering Department

Student Health Services

Student Retention & Success

Teaching & Learning Commons

UCSD Medical Center

Undergraduate Housing

Are you interested in becoming a Mentor?

The Emeriti Mentor Program is always looking for new emeriti faculty mentors. If you are interested in learning more about this opportunity to contribute your time and knowledge to a student, and to UCSD, please contact the UCSD Emeriti Mentoring Program Director Suzan Cioffi and Coordinator, Vania Bailon, by phone: (858) 534-0207 or email emeritimentor@ucsd.edu.

Peer Mentor Program









The Chancellor's Scholars Alliance Peer Mentoring Program aims to connect entering Chancellor's Scholars with older cohorts to create a strong network with other exceptional scholars and provide support during the transition to life at the university. Throughout the year, peer mentors share advice for academic success, provide guidance for professional development, and participate with their mentees in social events hosted by the Alliance. With the help of CSA Peer Mentors, the entering Chancellor's Scholars cohort can make the most of their time here at UCSD and fulfill their scholarly and professional ambitions.

CSA Peer Mentors are asked to attend a mandatory Peer Mentor Training Session, facilitated by Center for Student Involvement Coordinator Katy Brecht during Fall Quarter. Scholars learn about the following topics: transition theory, friend vs. mentor, pre-counseling & counseling techniques, and referrals to resources such as UCSD Counseling & Psychological Services, Student Health, and more.

All CSA Peer Mentors receive Co-Curricular credit for mentoring and are eligible to compete for one of the two **Mel Green Peer Mentoring Awards**. This award is given to those peer mentors who have gone above and beyond their duties to welcome and support their mentee, and in doing so, have greatly impact their lives and first year here at UCSD. The awards are generously gifted by Professor Emeritus Mel Green, the founder of the Emeriti Mentor Program.



Professor Mel Green conceived of the initial idea of creating a mentoring program, where Emeriti professors would mentor freshmen students. He began mentoring a handful of students on his own in 2006. Serving as a mentor provides him with a great sense of satisfaction and helps him maintain a close connection to UCSD, the school he considers as part of his family. He generously sponsors the Mel Green Peer Mentoring Awards.

Professor Mel Green

2019 Peer Mentor Awards



Pamella Abergas Environmental Engineering Revelle College 2015 Cohort

"The CSA Peer Mentoring Program was a memorable part of my final year at UCSD, and I am honored to have been recognized for my participation. The experience gave me a chance to reflect on where I was when I first came to UCSD, how far I had come since then, and the value in paying that knowledge forward to those who are at the beginning of their own journey. I owe a large part of my growth to the support of my own peer and emeritus mentors through the years. It was enriching to be able to bond with my mentees through the events held by CSA, as well as to help my mentees navigate the STEM majors at UCSD. I am also grateful for the integral role that the combined Chancellor's Scholarship and Peer Mentor Award have been in making my college education possible."

Pamella's mentees described her as having been "extremely helpful... sweet and enthusiastic." Her mentee stated: "It makes such a difference knowing that someone is there for you and I'm very thankful to have had Pamella as my mentor."

"The opportunity to be a Peer Mentor for my mentees Henry and Titan has been such a rewarding experience. My own peer mentor, Winnie, was so helpful and made my transition to college at UCSD a lot easier. I wanted to do the same for incoming first years! I was happy to be not only their mentor, but also their friend. I think that's the most important part of this mentorship program! Everyone eventually realizes the importance of networking, and this mentorship program is an introduction to it. My advice for mentees and mentors: Don't meet with each other out of obligation, but because you want to build a true friendship with someone you wouldn't have otherwise met. I came into this program with the intention of building meaningful and lasting relationships and I believe I did that with my own mentees. With that, I want to leave a message to current and future mentors and mentees. The mentor-mentee relationship is a two-way street. Both have to put in the time and effort to make a worthwhile relationship. If you have not met with your peer or Emeriti mentor yet, I highly encourage you to do so and really try to get to know them on a personal level!



Darren Jian Bioengineering Sixth College 2017 Cohort

Darren's mentees described him as outgoing, very friendly, and genuine. They shared that he was always willing to answer questions and helped them settle into UCSD.

We ask for peer mentor and mentee feedback at the end of each quarter. This honest feedback, and a few other factors, are used to determine the award winners late Spring Quarter. Peer Mentor Award Recipients are announced at the Annual Chancellor's Scholars Closing Reception in late May.

Meet Our Mentors

In each issue, we will introduce two of our dedicated mentors



Mark Appelbaum

Professor Mark Appelbaum, Professor Emeritus and active Research Professor in the Department of Psychology, received his Ph.D. in Quantitative Psychology at the University of Illinois. He has served on the faculties of the University of North Carolina, Chapel Hill; Vanderbilt; and for the last 15+ years at UCSD. His work centers around the creation and application of statistical methodologies for studying change over time. He has worked in substantive issues of human development including studying the effects of early brain damage and genetic disorders.

"I first became a mentor at the recommendation of a couple of my friends who were already active mentors. I had also known a bit about the program as a result of the administrative position I held here (in addition to my primary teaching and research functions). We like to believe that the

Emeriti Mentor Program has a positive impact upon the Scholars and we behave as if it does. We now have some empirical evidence that seems to indicate that this is actually the case. We have been able to compare the academic performance of the Scholars with a group of students who are closely matched to the scholars in all aspect except that they do not have access to Emeriti Mentors and the results indicate that the Scholars out perform this matched group academically. However our main source of the belief is what you have said about what you perceive our contribution to be. And from what we have heard from you, you seem to think we make a difference. Support for the program is only useful to the extent that the program is useful to the Scholars. Of course in the years ahead you will be in a position to support the program through the one mechanism that, at its heart, is the most essential piece — your financial contribution. It is probably difficult to envision it at this point in your life, but it is very likely that you will be financially in a position to help support organizations and programs that make a difference to you. We hope that the Chancellor's Scholars will be one of those programs. You will remain a part of the UC San Diego community for many years ahead."

Ann Craig

Professor Ann Craig, an alumna of the University of Minnesota (B.A. International Relations) and M.I.T. (Ph.D. Political Science), retired from the Department of Political Science and as Provost of Eleanor Roosevelt College. She taught Latin American politics and published books on agrarian reform in Mexico, Mexican politics, and social movements in the late 20th century. As Provost of Roosevelt for 15 years, she was engaged with many aspects of undergraduate life at UC San Diego. In addition to mentoring on campus, she works with pre-school English language learners. Professor Ann Craig has recently been honored as a 2019 Revelle Medalist.

"I joined [the EMP] because I like working with undergraduates as they discover the University, the opportunity to study new subjects, and discover themselves and others through research and service experiences. I particularly enjoy supporting first generation students as they make this journey of discovery. There can be tremendous academic and personal empowerment for students in having a mentor with whom they can share achievements as well as struggles. Mentors can be guides to academic enrichment experiences, career networking opportunities, and campus services. We can also be confidants and confidence boosters! The Program is a rare inter-generational pairing of experienced faculty and first-generation students. It's extremely rewarding to walk with a student from arrival to graduation, to witness the evolution of a career plan and the successful navigation of a complex institution, and to affirm their prospects for success. The Program depends on financial contributions to fund the scholarships that support our remarkable students. Alumni are amazing role models and career coaches. Faculty can offer research experiences. Community partners can support career-exploring internships or service opportunities. Individuals and organizations can underwrite students' access to events such as musical and theater events."

Chancellor's Scholars Alliance



Hello everyone and welcome to a new year! My name is Jenny Sayaseng and I am your Chancellor's Scholars Alliance president for the 2019-2020 academic year. This year, our board members have planned many social and volunteer events for everyone, so make sure to come out whether you're a returning member, or a new one. At the beginning of fall quarter, we will be starting our peer mentoring competition to help our newest cohort of scholars adjust to college. Additionally, we have planned events such as the a scavenger hunt, board game night, and de-stresser to help you get to know your peers. These events provide a great opportunity for you to bond with other Chancellor Scholars and meet new friends, while gaining points for the peer mentoring competition. Lastly, I'd like to thank everyone who came out to the Fiesta Island Beach Clean Up, as it is important to remember to give back to our community. As a board, we welcome you and cannot wait to see you around at our events!

Sincerely, Jenny Sayaseng CSA President 2019-2020

For more information visit: http://chancellorsscholarsalliance.ucsd.edu/

2019-2020 Board Members

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Next Publication deadline: March 13, 2020 Executive Editor: Suzan Cioffi, Director, UCSD RRC/CSP/EMP Managing Editor: Vania Bailon, Coordinator, UCSD CSP/EMP; EMP Chair: Professor Mark Appelbaum Phone: (858) 534-0207 FAX: (858) 534-3767 Emails: ChancellorsScholars@ucsd.edu / EmeritiMentor@ucsd.edu The UCSD Chancellor's Scholars Program is domiciled on the UCSD Campus in University Center Building 400

— Calendar —

Event Name	Location	Date	Time
CSP/EMP Speed Networking Night	Faculty Club	Nov. 12, 2019	5:00 PM—6:30 PM
Teaching + Learning Commons Tour for EMP Mentors	Geisel Library	Nov. 14, 2019	2:00 PM—3:00 PM
"JFK—The Last Speech" presented by Dr. Bob Knox	UCSD RRC	Nov. 22, 2019	12:00 PM—2:00 PM
Father Joe's Village Volunteer Event	Meet at RRC	Nov. 28, 2019	3:00 PM—7:30PM
CSP/EMP Holiday Open House	UCSD RRC	Dec. 11, 2019	11:30 AM—1:30 PM

Please Donate Generously to the Emeriti Association's Chancellor's Scholarship Fund



Through the Chancellor's Scholarship Award, scholars receive \$5,000 a year for four years at UC San Diego. Your monetary support of this program allows bright young scholars to achieve a higher education and helps them meet the challenges they face at a rigorous university like UC San Diego. Please help us continue to award these prestigious scholarships to students in need. With your financial help today, we can ensure that future scholars continue to receive outstanding educational and leadership opportunities at the university. Chancellor's Scholars are the future leaders of America. With your contribution today, we can help make these scholars' dreams a reality.

To donate, please mail your check (made payable to **UC San Diego Foundation - Fund # 4556**) to the: UCSD Retirement Resource Center, 9500 Gilman Drive, MC 0020, La Jolla, CA 92093-0020.

Note: Gifts must be postmarked by 12/31/2019, to count as a deduction for Tax Year 2019. For more information, call (858) 534-4724, and ask to speak with RRC Director, Suzan Cioffi.

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